

## THE FIVE 5 FACTOR MODEL

The five-factor model presents an opportunity for professionals across the social, legal and mental health professions to achieve clarity regarding what parental alienation is and what it looks like in a simple and straight forward evidence-based manner. It provides us with a common framework to inform our practice with families and young people.

- 1. Contact refusal.**
- 2. Positive relationship prior to contact refusal.**
- 3. Absence of abuse or neglect on the part of the alienated parent.**
- 4. Alienating behaviours of the preferred parent.**
- 5. Child manifesting symptoms of Parental Alienation.**