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Speaker Carmelo Abela commemorates Pink October and Movember

Speaker of the House of Representatives Carmelo Abela joined the initiative commemorating Pink October and Movember, reaffirming the importance of raising awareness about cancer prevention, early detection and regular health checks.

As part of the initiative, the Speaker visited and spoke with the staff of the blood donation unit and stressed the importance of blood donation and the contribution it makes towards saving lives.

The Speaker visited the Malta Marigold Foundation stand where he was greeted by the Chairperson Michelle Muscat. He also visited the National Mental Health Services stalls, which were set up in front of the Parliament building. The importance of promoting awareness and encouraging individuals to take greater responsibility for their health was also discussed.

The Speaker stressed that looking after one's health should be a priority throughout the year and not only during awareness campaigns. He underlined the importance of knowing one's body, monitoring any changes, seeking medical advice when necessary and making regular health screenings part of one's routine. He also highlighted how early detection can make a significant difference and how open conversations about health can help break down stigma and encourage more people to seek support. He thanked all the volunteers and employees for their commitment.

The initiative also received the support of Parliament's staff, who showed their solidarity by wearing something pink, symbolising their participation in the campaign and their commitment to raising awareness about breast cancer and other health-related issues.

Pink October and Movember serve as an important reminder that awareness, prevention and early action can save lives, and that everyone has a role to play in encouraging a healthier and more informed society.