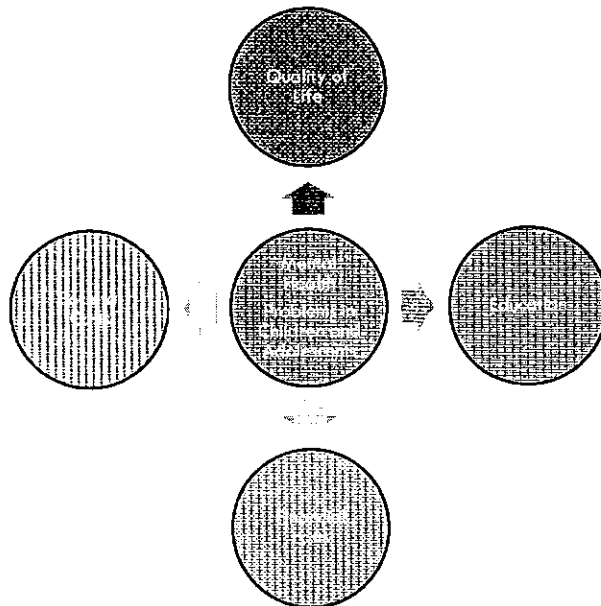


DOK. 10
08/07/2014
HEALTH COMM
MTG 4

CHILD AND ADOLESCENT MENTAL HEALTH SERVICES



Everybody's business.....



Current utilisation of inpatient services

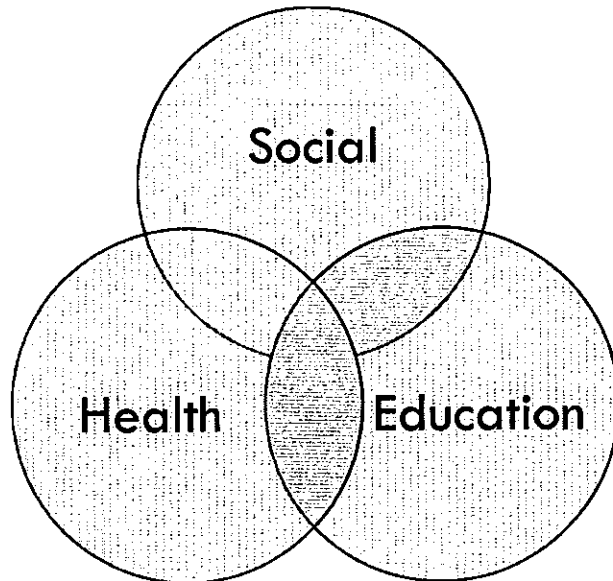
	Boys	Girls
2009	20	20
2010	11	13
2011	23	14
2012	25	18
2013	29	23

Analysis of data for 2013

Functional disorder	20	15
Conduct disorder / personality issues	7	7
Learning disability	2	1
Total	29	23

Inter sectorial representation

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Holistic services for children and adolescents

Medical model  Social model of care

- Least restrictive environment
- Community based
- Admission to inpatient facilities only in acute phase
- Availability of safe, therapeutic residential care
- Increased emphasis on education, development of social skills and empowerment

Option analysis for inpatient treatment

- | | |
|----------|--|
| Option 1 | ▪ Preserving present set up of 16 child and adolescent beds in a one storey building |
| Option 2 | ▪ Complete new build outside MCH |
| Option 3 | ▪ Complete closure of inpatient child and adolescent services |
| Option 4 | ▪ Identify and renovate another site within the MCH complex |

Child & Adolescent inpatient treatment

- Inpatient units will provide a 24-hour protective, safe, therapeutic environment with professional assessment and stabilisation of acute mental health issues
- Bed numbers – analysis of inpatient bed nights
- Therapeutic day programmes
- Admissions - for as short a period of time as is appropriate to the patient's condition
- The multidisciplinary team will work closely with Community Services to facilitate a 'step down' approach as soon as the patient's psychiatric condition is stable enough for him/her to be nursed in a less restrictive environment.

Residential care for youths with serious emotional and behaviour problems

- Need for specific facilities in the community which can safely cater for persons with challenging behaviour whilst addressing their multifaceted needs
- Effective residential treatment programs should provide for the youth's emotional, behavioural, medical, educational, social and leisure needs, and promoting social skills, learning and empowerment

